



# Young Reds At Home Academy

## 'Quiet Time' Activity Sheet

If you would like some activities to do to have a bit of a 'chill out' then have a go at the ones below. Ask a grown up if they can help you find the bits you need on the Redwings website.

### Build a den!

Make yourself a cosy corner at home and curl up to read your latest issue of Young Reds or Mini Reds.

Get to know our lovely residents and be inspired by their stories of how their lives have been transformed since they came to Redwings.

Take a photo of your den and send it to [young@redwings.co.uk](mailto:young@redwings.co.uk)

### Have some fun with words!

Take the letters from our name 'Redwings Horse Sanctuary' and see how many words you can make from it!

We'll give you one to get started....

**Red!**

### Doodle a donkey!

Have a look at our 'Doodle a Donkey' help sheet and then have a go at drawing your own donkey. Then you could colour it in to look just like one of our long-eared residents!

### Write a fairytale

Lots of our residents have fairytale endings thanks to the hard work and dedication of the Redwings vet and care teams.

Imagine you are one of our rescued horses and write a short story about your rescue, and how it feels to now live at Redwings.

### Calming Colouring

We have lots of colouring sheets on the Redwings website. Print one off and spend some time colouring it in.

You can send your finished masterpiece to [young@redwings.co.uk](mailto:young@redwings.co.uk)

### Be a poet, even though you didn't know it!

Have a go at writing a poem about your pet, your horse or one of our residents.

Let your creative skills run free and see what you can come up with!