STRANGLES

Part One:

Key facts

Spot the signs

Prevent the disease
What do YOU know?
Key facts

• The most commonly diagnosed equine infectious disease in the world
• Infection of the nose and throat
• Passed on through physical contact
• 10% risk of further complications
• It can happen to ANY horse and ANY owner
What are the symptoms?
Early signs

- Sore throat
- Loss of appetite
- Swelling
- Depression
- Fever
- Cough
Advanced signs

- Thick nasal discharge
- Abscesses on the side of the head
What’s wrong with this horse?
He is a Strangles carrier. Around 10% of horses that have had Strangles in the past will continue to carry the bacteria – *without showing any symptoms.*
Prevention is better than cure

At the yard

1) All new horses to the yard will be quarantined for two weeks
2) They will be observed closely and have temperatures taken daily

Away from home

1) Always take your own drinking water and buckets. Don’t use shared supplies.
2) Do not allow horses direct contact with other horses
3) Only handle your own horse. Wash your hands if you handle someone else’s.
4) Do not allow horses to graze close to others. Take your own hay nets and forage.
Next step: prepare for Strangles...