

MIND

The fifth and final domain “Mind/Mental Health” aims to capture and emphasise the underpinning importance of the ‘affective’ (i.e. emotional) experience of the animal. Just like the importance of understanding human mental health this domain ensures we think about what animals may be thinking and feeling too. Just like us, animals can be happy, sad, excited, scared, in pain, angry, calm, content and much more!

Positive



Sleeping
(very relaxed!)



Playing

Excited

Negative

Angry
(ears back!)



Uncomfortable/
in pain



(Laminitis!)



Here at Redwings...

We do all that we can to keep our horses happy, comfortable and healthy. We check them three times a day for any signs of pain, injury or any changes in behaviour.