

# DIET / NUTRITION

One of four 'physical/functional' domains concerning biological function and physical wellbeing.

Nutrition is the process of obtaining the food necessary for health and growth. So taking the time to learn about what food and drink an animal needs and providing them with the right amount is very important. A horse's diet can also affect how it's feeling (its mental wellbeing).

Providing the right diet can bring a horse pleasure and satisfaction. A poor diet may result in hunger, thirst and discomfort.

## Good diet



Access to  
(fresh) food

Access to  
fresh water



## Poor diet

No access to food or  
water



Overfeeding  
and/or too many treats!



**REMINDER**  
DO NOT FEED a horse that is not yours and  
you have not had permission to feed.  
That includes our residents please!

Here at Redwings...

All residents are treated as individuals so will have their own weight management plans. They have access to grass paddocks and fresh water 24/7, unless stabled when they have forage and water provided.

